PaperSurfing Rules of Surf

to be read out at the beginning.

The Surf

- PaperSurfing (surf) takes 3 hours, including a twenty minute break.

- There's a 20-minute timer. This is the time for reading aloud and talking about each text.

- There is a 30-second timer for times of silence before and after reading aloud.

- If you want to read aloud first, begin the PaperSurfing by starting these two timers.

- As long as the 30-second timer is running, there is silence. Afterwards, the text brought along is read aloud without already commenting on it. After reading, there is another silence of 30 seconds.

- Clockwise, one after the other, it's everyone's turn to share a thought, an idea or ask a question.

- When the 20-minute timer has expired, the time for the next text begins. When it's my turn to read aloud, I start both timers again.

- After the third text, there is a break of 20 minutes.

- After the last text has been read aloud and talked over, the PaperSurfing is over.

What I can do when Surfing

- I speak from my heart and I'll be brief.
  When it's my turn, I state what is most important to me. There are no right or wrong and no 'better' or 'worse' contributions.

  Either…

  I describe a thought that came to me while listening to the text or during the conversation.

  Or: I ask the person who has read aloud a question to which they can answer directly.

  Or: I describe a thought that came to me 'otherwise'.

  Or: I ask an important question that remains unanswered.

  Or: I for whatever reason pass on to the next one.

  Or: I start a silence of 30 seconds – time to 'listen' for everyone.

  When I'm done, I point to the left and pass it on to the next one..

- As a listener, I listen to what the speaker is saying and at the same time listen to what thoughts are developing inside of me.

- I can start a 'speed round'. For everyone in the round, there are 30 seconds. This possibility exists when someone has finished speaking.

- I 'lovingly' make sure that the rules of the Surf are observed.